Amendments to the Claims:

This listing of the claims replaces all prior versions of the claims in the application.

Listing of claims:

1-14. (canceled)

15. (currently amended) A method comprising:

providing a cavity defined by at least a portion of a mold and a closure member attached to the portion of the mold, the portion of the mold being oriented substantially vertically and having a top and a bottom, and a sealing material being positioned near the bottom and attached to the closure member;

puncturing the sealing material and the closure member with an instrument near the bottom, the puncturing creating an opening in the sealing material; and

introducing a polymerizable composition into the cavity through the instrument;

retracting the instrument from the cavity after the introducing, where the opening in the sealing material has a size, and the sealing material possesses a self-sealing property that reduces the size of the opening after the instrument is retracted; and

rotating the portion of the mold about a horizontal axis passing through the portion of the mold.

16. (currently amended) The method of claim 15, where the sealing material, when tested using the method of claim 1, is made from a piece of sealing material that will yields a cavity pressure that is greater than or equal to 10 millimeters of mercury and less than or equal to 505 millimeters of mercury when tested by:

providing a cavity having at least one opening over which the piece of sealing material is positioned, the cavity containing liquid;

puncturing the piece of sealing material with an instrument, thereby creating a sealing material opening for a period of time;

applying a vacuum to the cavity; and

noting the cavity pressure approximately when a first bubble forms around gas entering the liquid through the sealing material opening from outside the cavity.

17. (currently amended) The method of claim 15, where the sealing material, when tested using the method of claim 1, is made from a piece of sealing material that will yields a cavity pressure that is greater than or equal to 75 millimeters of mercury and less than or equal to 505 millimeters of mercury when tested by:

providing a cavity having at least one opening over which the piece of sealing material is positioned, the cavity containing liquid;

puncturing the piece of sealing material with an instrument, thereby creating a sealing material opening for a period of time;

applying a vacuum to the cavity; and

noting the cavity pressure approximately when a first bubble forms around gas entering the liquid through the sealing material opening from outside the cavity.

- 18. (canceled)
- 19. (canceled)
- 20. (currently amended) The method of claim 159, where the rotating includes rotating the portion of the mold 90 degrees about a horizontal axis passing through the portion of the mold.
- 21. (canceled)
- 22. (canceled)
- 23. (currently amended) The method of claim 158, further comprising: polymerizing the polymerizable composition to form an optical lens.
- 24. (original) The method of claim 15, where the cavity is further defined by a piece of vent tape positioned near the top and attached to the closure member.

- 25. (original) The method of claim 24, where the piece of vent tape is configured to allow air, but not the polymerizable composition, to pass through the piece of vent tape.
- 26. (original) The method of claim 15, where the portion of the mold oriented substantially vertically comprises at least two mold pieces having edges, and the closure member is attached to the edges of the at least two mold pieces.
- 27. (original) The method of claim 15, further comprising: polymerizing the composition to form an optical lens within four minutes.
- 28. (original) The method of claim 15, further comprising: polymerizing the composition to form an optical lens within seven minutes.
- 29. (original) The method of claim 15, further comprising:

 polymerizing the composition to form an optical lens within ten minutes to two hours.
- 30. (original) The method of claim 15, where the sealing material includes silicone.
- 31. (Previously Presented) A method for making a lens, the method comprising: providing a vertically-oriented molding cavity having a top and a bottom and being defined by at least (a) a first mold piece having a concave surface, (b) a second mold piece having a convex surface, and (c) a closure member disposed around and attached to the first and second mold pieces, a sealing material being connected to the closure member and positioned near the bottom;

puncturing the sealing material and the closure material near the bottom, the puncturing creating an opening in the sealing material;

introducing a polymerizable composition into the cavity through an instrument; retracting the instrument from the cavity; rotating the molding cavity; and

polymerizing the polymerizable composition to form the lens;

where the opening in the sealing material has a size that reduces after the instrument is retracted.

32. (currently amended) The method of claim 31, where the sealing material, when tested using the method of claim 1, is made from a piece of sealing material that will yields a cavity pressure that is greater than or equal to 10 millimeters of mercury and less than or equal to 505 millimeters of mercury when tested by:

providing a cavity having at least one opening over which the piece of sealing material is positioned, the cavity containing liquid;

puncturing the piece of sealing material with an instrument, thereby creating a sealing material opening for a period of time;

applying a vacuum to the cavity; and

noting the cavity pressure approximately when a first bubble forms around gas entering the liquid through the sealing material opening from outside the cavity.

33. (currently amended) The method of claim 31, where the sealing material, when tested using the method of claim 1, is made from a piece of sealing material that will yields a cavity pressure that is greater than or equal to 75 millimeters of mercury and less than or equal to 505 millimeters of mercury when tested by:

providing a cavity having at least one opening over which the piece of sealing material is positioned, the cavity containing liquid;

puncturing the piece of sealing material with an instrument, thereby creating a sealing material opening for a period of time;

applying a vacuum to the cavity; and

noting the cavity pressure approximately when a first bubble forms around gas entering the liquid through the sealing material opening from outside the cavity.